

Select a Confirmation Sponsor

Purpose of a Sponsor

† The Catechism of the Catholic Church offers this advice: *The Sponsor for Confirmation is one who, fittingly, is a spiritual help to the Candidate.* (CCC §1311)

† To be a role model of a witness to Our Lord and Savior Jesus Christ in word and deed. To provide long-lasting support for the Confirmand by prayer and example.

† To invite the Confirmand into a deeper relation of love and unity with the Most Holy Trinity and with the Church.

Qualifications of a Sponsor

- There is no regulation specifying that men be sponsors of boys and women be sponsors of girls.
- 16 years of age or older.
- A practicing Catholic, ie, attend Mass on Sundays and Holy Days of Obligation and follow the moral teachings of the Catholic Church. If married, the Sponsor should be validly married in the Catholic Church.
- May be the same person who was the Confirmand's Baptism sponsor.
- May be a member of a religious order if permission is granted by superior.
- Received all the Sacraments of Initiation, ie, Baptism, Holy Communion, and Confirmation.
- Will receive Communion at the Confirmation Mass.
- Will fill out the "Sponsor Certificate of Eligibility"
- In the event the Sponsor cannot attend the Confirmation ceremony in person, a proxy, who is designated by the Sponsor and fulfills the above qualifications, may act in place of the Sponsor. The proxy must provide a written letter attesting to his/her eligibility. The parents must notify the Religious Education Office (703-354-4360) of the change.